

Low Moor Medical Practice

Meeting of the Practice Patient Participation Group

Tuesday 9th July 2019

1. Members present: Bernard White (**BW**) (Chair), Alex Avis (**AA**) (Practice), Maureen Rowland (**MVR**) (Practice), Jean Wainman (**JW**), Christopher Wainman (**CWa**), Pat Hagan (**PH**), Norman Settle (**NS**), Arnie Butterworth (Sedbergh Centre), Christine Woodhead (**CWo**), Sharon Oxtoby (**SO**), June Turpin (**JT**), Diane Rodrigo (Self Care Champ for Bradford South Network), Sharon Townend (Hale)

2. Apologies: Bev Monkman (**BM**), Linda Metcalfe (**LM**)

3. New members of the group were welcomed and the rest of the meeting introduced themselves, both to the new members and to the visitors.

4. BW introduced **Diane Rodrigo** and **Sharon Townend**. The role of the PPG's and the Health Care Champions has changed and is becoming much more involved with the community and with other PPG & HCC groups. Diane came to the meeting to talk about what the role of the Self-Care Champions is, and whilst she is the SC for Community Partnership 7, the principal still holds good. Nigel Goff, SCC for CP 8 declined the invitation at the last minutes when the practice was moved in to CP9

Diane is the co-ordinator for Royds New Horizons as well as being SCC. As Co-ordinator she is looking at projects for the NHS such as day-care for Over 55's, she also coordinates a Welfare Cafe for respite care for carers which is held at Royds on Tuesdays and a Befriending Scheme for the people over 50 living in their own homes.

As Self-Care Champion she takes direct referrals from the GP's, and then signposts to the appropriate services.

Sharon is one of the Community Connectors from **HALE**. She explained that hale take referrals via the clinical software SystmOne from GP surgeries. They also have services for Lost Friends, and within BD4 Breathing Buddies. Hale also takes on some bereavement work.

AA spoke very positively about the work of Hale and the Community Connectors and the link with the Self Care Champions. The issues they are currently having is the issue of funding the care packages. The patients have a list of the different services available, however if the funding disappears and any given group fails, the group members still have the needs that are now not being met.

A question was asked about a website portal that lists all the available self-help groups. This is currently unavailable in Bradford although two websites, DIVA and Healthmaps, are working to bring all the groups into a new place. The bridge Project are also working on a similar system.

5. Minutes of the Previous Meeting:

The minutes of the previous meeting were circulated and accepted as a correct record.

6. Matters Arising from the Minutes:

a. Community Partnerships: The practice was in CP8, and has migrated to CP9, which is substantially smaller geographically, but thanks to the introduction of Low Moor Practice now has a higher head of population.

7. Chairman's Report:

See Appendix A at the end of this minute

8. Practice report

AA presented the practice report to the group

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9. Election of PPG Chair and Confirmation of Group Membership

a. **MVR** will contact all current group members to confirm their willingness to continue as members of the PPG.

b. **BW** wishes to stand down from the PPG as he is currently unable to concentrate on all the networking required by the PPG chair. As there were only three members of the PPG present and there had been no prior nominations, **JW** suggested that the voting waits until there are a few more members the group. **SO** had tentatively agreed to accept a nomination, but as she is a new member of the group it was suggested that she should wait until the next meeting to confirm her willingness to stand. **BW** did indicate he was happy to mentor the incoming Chair as they take over the role.

c. The decision and vote on the new Chairman will now be held on the meeting in October

10. AOB.

The chairman has sent a round robin to all PPG members to ask if they are willing to continue with the role. As there have been few responses to this, MVR is to follow this up.

11. Next Meeting: Tuesday 8th October 2019 at 10.30am

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Appendix A

PPG Chair's Annual Report

This is a synopsis of my activities as chairman over the last twelve months.

Open Day 23/06/18 This event was designed to allow Bradford charities an opportunity to present their services to the public. Six organisations had stalls. Whilst the number of attendees was low those who did attend needed support. Later comments suggested that the event was not adequately publicised. We learnt from this experience.

Breathe Easy Groups – this was identified as a major problem not just in BD12 but throughout Bradford. Exploratory work on the subject had been undertaken by me whilst taking a UHSHE course. Dr Hickman, Respiratory Lead for Leeds & Bradford, has requested that I provide a local answer to this problem – Bradford Breathing Better. Suitable contacts have been found and a local group will be started as soon as funding has been negotiated.

I commenced work on an online course – **Understanding the Health and Social Care Environment** in September 2018. This course provided a great insight into the workings of the NHS and the associated organisations. Unfortunately, I do not yet know whether I have qualified for a pass in this examination. From my point of view, I was keen to learn about the organisations which form part of the NHS in its wider sense. I found the course invaluable and enabled me to write a thesis which was later used by the British Lung Foundation as the basis for an application to the District CCG for funding.

The three Flu Clinics were attended by PPG members and the Health Champions. This is an important event at which social contact can be made with patients and Family & Friends Surveys can be completed. This is a great PR event for the PPG and very beneficial for the Practice.

Open Forum for Patients

At a recent event designed to attract new PPG members I was pleased and disappointed. Disappointed that we did not receive new members, but very pleased and surprised by the comments made by those present. An indication I feel, of the way forward.

Support to other CP 8 groups by attending a Coffee Morning at the Clayton Medical Practice in support of their Macmillan Coffee Morning.

Shaping the Future event at Valley Parade, Bradford organised by Bradford VCS. This event was attended by all the CP areas in Bradford. It was an invaluable networking experience at several levels.

Free Blood pressure tests organised by Hale Connectors, in conjunction with the British Heart Foundation are to be held at the Sedbergh Community Centre later this month. The session has been publicised to all local groups in the area.

Health Champions Chair's Annual Report

The weekly **Wednesday Coffee Mornings** have continued to be successful. Not necessarily from sales of drinks, but certainly from the social aspect. The Macmillan Event on the 19th September raised £154 for Macmillan, and the 13th March event for Red Nose Day raised £27. In addition to these contributions' donations were also made to the Health Champions, particularly on Red Nose Day. Other themed events included Halloween and Christmas.

Donations in 2018 totalled £140 and to date in 2019 the cumulative total is £390.05. It has been agreed that a transport chair will be purchased for the Practice, and the next project is to purchase an ECG machine.

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Craft Club activities at the Sedbergh Community Centre continue to be popular but attendance is variable. However, several lonely patients from this Practice are attending and from the wider community. The aim of the group is to overcome loneliness and isolation.

Low Moor Strollers continue every week thanks to the determination and effort of David Broadbent. Thank you, David, for your continued support. This service is likely to expand with the establishment of the Bradford Breathing Better Group.

Easter Colouring Competition – this year's event was supported by a Healthy Eating for children display and a sale of craft items made by the Craft Club. It was a popular event and we have been asked to run a similar event over the Christmas period and at the Sedbergh Community Centre.

Publicity – we have been advertising when appropriate in the Telegraph & Argus community events section and in the bimonthly Wyke Awake and Wibsey Word. We have also taken over responsibility for the material displayed on the notice boards in the waiting area. We would like to hear from the clinicians at the Practice as to what they wish to promote as the NHS themes are not always relevant.

There is much that the PPG and the Health Champions can do in the community but, it is directly related to the number of volunteers available. It is an area which is ripe for development and this Practice is highly regarded in the locality to accomplish this. As the Health Champion Chairman I am regularly being asked to participate in activities to support local community events and I strongly believe that this is the way forward for healthcare activities within our community – NHS wins; GP practices win, and most importantly of all, the patient wins.

Bernard White

Chair PPG and Health Champions