

LOW MOOR MEDICAL PRACTICE

PATIENT PARTICIPATION GROUP

NEWSLETTER

April 2018

Spring is here, and summer is just around the corner. Hope that someone has remembered to tell the Sun. We all need to recharge our batteries after a long cold autumn/winter.

Two areas have predominated the start of the year.

Firstly, we have an opportunity to increase the awareness of the effects of dementia from a patient's point of view and from a carer's view point using a play.

We are struggling to find a suitable venue in BD12 area. We require a room with a stage, about 20 square metres in size, spot lights, projection facilities and microphones or radio mikes. The room needs to accommodate up to 70 people.

If you have any ideas I will be very pleased to hear from you either by email or by telephone 07905 123706.

Secondly, we have been working on revitalising the Health Champions please see the section below.

I am aware that some patients would like to participate more in the activities of the Patient Participation Group but cannot attend daytime meetings.

We welcome the views and opinions of all our patients. If you would like to be involved then please contact me by email patientparticipation.group@nhs.net and I will add you to our virtual membership group which is in the course of preparation. Patients of all ages are most welcome to join.

COFFEE MORNINGS

Our fortnightly coffee mornings have proved to be popular. Whilst we do not have large numbers taking advantage of a free tea or coffee, those who have attended have found them to be most welcome and extremely valuable.

Regular attendees include lonely people, recently bereaved patients and carers who welcome a break from attending to a loved one. First time mums also welcome the opportunity to exchange experiences with each other.

From the 4th April Coffee Mornings will be held every Wednesday from 09.30 until 11.30. The change of day is to avoid similar events in the area.

To contact the Patient Participation Group or the Health Champions for any reason please send an email to patientparticipation.group@nhs.net

Please note this is a manned service and all messages will be answered within 24 hours.

Putting the world to right over a coffee.



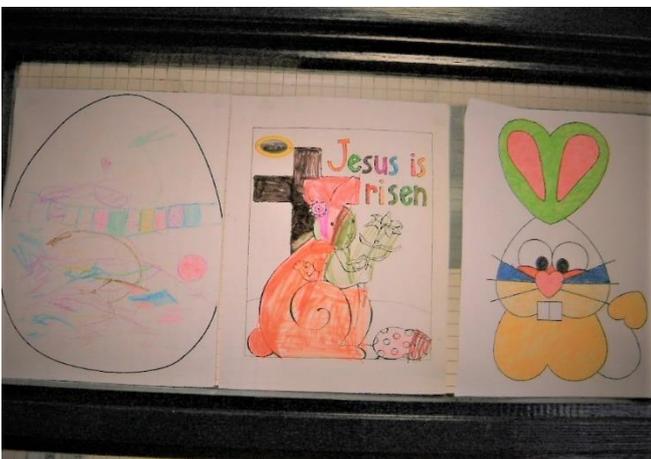
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EASTER EGG COMPETITION

This years colouring competition received a total of 31 entries.

They were divided into three classes: under 5's, 5 to 8, 9 and over.

The winning entries are:



The winners are:

Under 5's Iris Aged 2

5 to 8 Reece Aged 6

9 and over Freddie Aged 9

Our thanks go to Linda Metcalfe who single handed organised and managed the event.

HEALTH CHAMPIONS

We have managed to reform a working group of the Health Champions.

The Champion's currently organise the following activities: -

1. Coffee Mornings – Wednesday weekly
2. Low Moor Strollers – Friday mornings weekly. 11am from the park gate entrance to Harold Park in Park Road

At the Coffee Morning held on the 26th March 2018 we were helping to raise funds for the Marie Curie Hospice in Bradford.

The Health Champions will be meeting later this month to discuss projects for the summer. If you have any suggestions for them to consider they will be greatly appreciated. Please use the email address below.

Bernard White chairman PPG

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